

A Better Way to Stop Smoking or Lose Weight - Guaranteed!



Shokat Ali BA (Hons)

"I can change your life in a day"

After years in practice we are still the only company to offer a full money back guarantee for smoking and weight using a combination of hypnosis and bioenergetic medicine. Our confidence stems from a system that uses advanced hypnosis combined with a low power laser and a bioresonance system. The laser takes away the cravings for cigarettes or junk food in 2 - 4 sessions. The bioresonance unit eliminates toxins and restores your body's state to that of a non-smoker or a healthy eater. This combined system has an almost 100% success rate. So does it matter if you are difficult to hypnotise any more?

Call now!



Barbara Ainsworth
[Retired Nurse] from Sheffield
Before hypnosis

"One night, I woke up in the early hours and - unable to fall back to sleep - I turned on the TV, to find Shokat helping 'Liz' (one of his clients) overcome her 30-year struggle with alcohol abuse. What inspired me about Shokat was that not only did he stop Liz from drinking, but he also made her lose 18lbs in the process. I was so impressed, that I looked Shokat up on the internet, found his website, and travelled to see him. I am so glad I did because by the time my second session with 'Life Principles' came around three weeks later, I had already lost 15lbs in weight. Shokat invited me to participate in the next episode of his TV show and I accepted his invitation with another one of his clients, Kamella, who not only quit smoking, but also overcome her very serious dependency on both hard and soft drugs. It's been four months now since I first started with Shokat and I have lost 41lbs so far. What makes the 'Life Principles' system so effective is that it uses a combination of techniques - including a complete nutritional/exercise guide - alongside an aftercare CD. Weight management simply becomes a new way of life. Over the past 40 years, I have joined slimming clubs and tried many diets.



Barbara 4 months later
having lost almost 3st
after hypnosis

Whilst I've lost weight, I regained that weight in equal measure! This method gives a person such a positive outlook, that I know I will be successful in keeping off the weight for good!"



Liz



Kamella

www.LifePrinciples.com
0800 071 1991 (24hr)

For our full range of services and client testimonials please listen to our local rate information line on 0845 456 2295 or look at our website for more details. New video testimonials being added to our website every day!



Bioresonance



Laser