

The corruption in the health industry

The health industry is the most corrupt industry on Earth. It is the second biggest industry on the planet after oil and just as ruthless. Now, read the information below and decide for yourself.

A lot of people claim that Laser, Bioresonance or Hypnotherapy is nothing but a pseudoscience (pretence science). There is a difference between pretence science, real science and self-evident truth:

Pretence science:

All psychotropic drugs or anti-depressants are based on this science. Look at the website <http://www.cchr.org> at the scandalous way in which money is put before human lives. Statins (the corporate killers) and Anti-Hypertensive together with a lot of other so called modern day miracles are based purely on pretence science in order to make money from the unsuspecting public.

Real Science:

The wings of most modern airplanes have been shortened by rolling them upwards. In experiments it was found that the wing tip adds no lift but tends to drag down the plane, so it was better to change the aero-dynamics of the wing by rolling it upwards or by putting a vertical section at the tip of the wing. Because of this realization the biggest airplane ever made by the European Union, the A480 Airbus could have its wings within the Civil Aviation Guidelines. Now, this is real science.

Self evident truth:

So when you have someone who has failed with the NHS over and over again and he quits smoking as easy as pie with bioresonance or hypnotherapy or laser then that is called self-evident truth.

Now why do you need clinical trials for self evident truth? So the Big Pharma can make huge amount of money from utterly useless products like NRT, Zyban and Champix. At least the use of bioresonance, laser or hypnotherapy is not going to kill you. All of the so called chemical based smoking cessation products have killed thousands of people. In the first year of release - It is estimated that Champix

killed over 64,000 people worldwide. Now that's called pretence science or bullshit to be blunter. Anyway, Pfizer made over a billion dollars from the sales of Champix in the first year of release.

Now, let me tell you what the health profession is all about with a simple joke.

One day people in the United Nations got fed up talking about politics so they decided to talk about something totally different. They decided to give a prize to the nation that could identify the most sexual positions. Well as you can imagine India, the inventor of the Kama Sutra, beat the pants off all the other nations. So they took a vote; Malaysia murmured with great difficulty that they knew of 2 positions, UK said 10, France 20 and India with a big grin on their face shouted 94. As India was thought to be totally insignificant they decided to give France the prize. Then they asked France to go through the different positions. When France described number 19, the Indian ambassador started jumping up and down claiming 95 not 94.

Now I like you to replace the chair people in the above scenario with Professor Baum and his dozen or so NHS renegades, Malaysia with the NRT manufactures, UK with Glaxo Wellcome (makers of *Zyban* or *Bupropion hydrochloride*), France with Pfizer (maker of *Champix* or *varenicline*), India with The Alternative and Complimentary Health Practitioners (totally ignored for their contribution) and the members of the UN with the Drug Industry and their sidekicks (useless charities, Government ministers, NICE, the FDA and the morons in the EU who approved these drugs). All of these people get extremely excited with products that cost £300-£800 to get you to quit smoking but have pathetic success rates of 5% (NRT), 10% (*Zyban*) and 20% (*Champix*) in clinical trials but the real world results are more like 2%, 5% and 10% if that. They endorse products that can kill people but ignore self-evident-truth. Laser, Bioresonance and hypnotherapy have a success rate of about 50%, 70% and 90% (we use all three in a unique combination) but more importantly over the last 50 years they have killed absolutely no-one. Now you must think that they must be absolutely stupid to endorse such dangerous and ineffective drugs when even a third rate, sub standard hypnotherapist can easily achieve a better than 50% success rate. Their pathetic 5% long-term success rate for smoking cessation over the past 8 years (Oxford study) has cost them a staggering £5,000 (their own figures) or £15,000 (if you eliminate

the 3% who would have quit smoking cold-turkey) for every quitter. The success rate for other addictions is a great deal worse.

The success rate gets even worse when you look at depression; they cannot demonstrate a single cure with anti-depressants while Alternative and Complementary Therapists are achieving better than 80-95% success rate without drugs. They give people anti-depressants for as long as it takes – I have known people who have been on sedatives or anti-depressants for over 40 years with no sign of getting better; within 2-4 sessions we have got them off the anti-depressants and given them their life back. Yet we get no recognition for our hard work and they continue to ridicule us at every opportunity. If that was not bad enough, they create an unfair playing field for us and then put VAT on top of our services for good measure. One of my clients who failed with every daft method the NHS had to offer (patches numerous times; the “wonder drug” Zyban three times, Champix for 12 weeks) went and told his GP that he had finally quit smoking with our help, this is what his ignorant GP had to say: “I don’t believe in hypnotherapy”. I suppose she was saying “I have got my head firmly buried in the sand and that’s where I intend to keep it”. Ignorance is one thing, but referring people to the NHS stop smoking clinics for which you get paid £45-£90 government handouts is called legalized corruption. In fact most psychiatrists get about 15-35% of their income from drug company kickbacks. GPs also get so many legal and illegal kickbacks (but keep it quiet though, you are not supposed to know about this). One GP I know says, to the rep as soon as he comes in “Where are my freebees?”; a child of another GP said that when his dad was a GP (now retired) he used to bring home some “really wicked toys”.

This state of affairs is not only immoral, but it cheats you, the end user, by denying you a choice. If I was to mention how these people indulge in legalised manslaughter with the way they treat cancer when there are so many safe and effective methods out there, which avoid mutilation, poisoning and mental torture then you would be ready to puke with total and utter disgust. Charities fair no better; they follow the big Pharma (pharmaceutical industry) like lemmings. It seems that we, the general public, are being given an illusion that they are looking after us when all the while they are only looking after their own pockets. If that was not bad enough, the EU has decided to ban all herbal supplements.

Within two years, alternative medicine will be a shadow of its current self. By then - thanks to four laws being ratified by the European Union right now - only low-dose vitamins will be available on the shelves, most Chinese and Ayurvedic herbs

will have disappeared, and many herbal practitioners in the UK may well have gone out of business.

Herbal supplements or homeopathic drugs have killed no-one over the last 10 years; pharmaceutical drugs on the other hand have killed around 5 million people in the USA alone and probably even more in the rest of the world over the same period. More of this can be found in our book '[Addictions, The Addictive Truth](#)'.

Have you ever considered why the people in the medical profession insist on clinical trials?

The average cost of putting something through the FDA is a million dollars. You must think why do you need so much money in putting something like hypnotherapy or intravenous vitamin-C therapy (as an effective cancer cures) through the approval process? Surely it does not cost that much? Then you would be right. The whole idea of such a ludicrous sum of money is in order to keep safe and effective treatments reaching humanity (where are hypnotherapists going to get that kind of money?). You see it's not about truth, there have been so many miracle cures funded by the drug companies that have never seen the light of day because there is no money in it for them.

Now why would the drug companies put safe and effective miracle cures through the approval process which will cost them a million dollars and also put them out of business? Business is all about making money and they are doing that wonderfully well with dangerous and ineffective drugs. Poor hypnotherapists are considered third rate citizens and the whole of the health industry is setup to keep us out, just like they managed to keep Lancing Pauling's miracle cancer cure out for over 35 years. Even if we could raise a million dollars there is no guarantee that the corrupt people in the FDA would let the approval process go through smoothly. Most of the people working in the FDA have vested interests in the drug companies. So can we get safe and inexpensive cancer cure, such as intravenous vitamin-C therapy or hypnotherapy for depression/addictions as an approved form of treatment on the NHS? No you can't, unless governments put humanity before the big Pharma with their outdated protocols designed to keep inexpensive, safe and highly effective methods out of peoples reach. Our last moron of a leader put trillions of pounds of the taxpayer's money into saving the corrupt banks but has not allocated a single penny towards this approval process which would not only cut the NHS drug bill by over 50% overnight, would also save thousands of lives.

It would take “balls of steel” for any political leader to do this as the big Pharma will put that political party out of business by withholding funds – yes they have that much power.

Now you must be thinking why does our beloved NHS system have to buy into this corrupt system? That’s because people in the NHS have come up with igneous ways of rewarding themselves for keeping a useless system going forever. They came up with a criteria of success that is utterly laughable where you only need to quit just two weeks out of four to count as a resounding success. Once this criteria is met the GP gets £45, the smoking cessation councillor gets £45 and the chemist gets £90 and the drug companies get millions. So people in the NHS are happy and the drug companies are even happier. Can you see how all of this becomes a self-fulfilling prophecy? Can you also understand why hypnotherapy, laser or bioresonance are not even mentioned in passing in any of the NHS websites or literature?

Now, let’s look at facts regarding depression or anti-depressants:

Children with autism are regularly given antidepressants – but it’s a therapy that doesn’t work, and exposes them to serious adverse reactions such as an increased risk of suicide. There’s no evidence that SSRI (selective serotonin reuptake inhibitor) antidepressants help children with autism, say researchers from the Cochrane Collaboration after they studied seven trials that involved 271 patients. The drugs are more likely to do harm than good, and the Cochrane researchers report one case of a child who suffered a prolonged seizure after taking one of the drugs. (Source: <http://www2.cochrane.org/reviews/en/ab004677.html>)

Antidepressants Facts, The Truth about Psychiatry Depression Drugs

1. They Don’t Work! Antidepressants have no impact... almost 50 clinical trials were reviewed by psychologists from the UK's University of Hull, who found new-generation antidepressants worked no better than a placebo for most depressed patients.

See BBC Videos on this research

<http://search.bbc.co.uk/cgi-bin/search/results.pl?tab=av&q=antidepressants&recipe=all&scope=all&edition>

The Original Research Document

http://medicine.plosjournals.org/archive/1549-1676/5/2/pdf/10.1371_journal.pmed.0050045-l.pdf

The UK Newspaper, The Guardian reported on Feb.27, 2008 that the government had, just released details of its £170m plan to train 3,600 more psychological therapists in the wake of a study showing that antidepressant drugs such as Prozac are no more effective than a placebo.

<http://www.guardian.co.uk/society/2008/feb/27/mentalhealth.health>

2. Big Pharma Lies! They routinely suppress the results of research which have negative results for their products.

The Wall Street Journal reported that the effectiveness of a dozen popular anti-depressants had been exaggerated by the selective publication of favorable results, according to a review of unpublished data submitted to the Food and Drug Administration.

Among the many drugs that were found to have increased their effects as a result of selective publication and/or data manipulation were: Lexapro, Prozac, Paxil, Zoloft and, Effexor.

Wall Street Journal link:

http://online.wsj.com/article/NA_WSJ_PUB:SB120051950205895415.html

3. You are a Victim of Marketing! The New York Times reports that the diagnosis of Bipolar Disorder has increased 4000% in 10 years!

<http://www.nytimes.com/2007/09/04/health/04psych.html>

A USA Today report shows that as ad spending goes up, the more you ASK for specific medications:

http://www.usatoday.com/printedition/news/20080304/a_kaiserinside04.art.htm

Hypertensive drugs raise blood pressure, not lower it (25 August 2010)

Hypertensive drugs are supposed to lower blood pressure – but the most commonly-prescribed ones are making the problem worse. The drugs are raising blood pressure in a significant number of patients, a new study has discovered. The drugs – which included diuretics, calcium channel blockers, beta blockers and ACE inhibitors - raised blood pressure in around 16 per cent of the 945 patients who were monitored. The patients' blood pressure was already dangerously high even before they were given the drugs. Researchers from the Albert Einstein College of Medicine of Yeshiva University say the problem is that doctors are adopting a one-drug-treats-all approach, when they should be more careful in selecting the most appropriate drug for their patient. One precaution is to first measure the levels of rennin, an enzyme, in a simple blood test, they say.

(Source: American Journal of Hypertension, 2010; doi: 10.1038/ajh.2010.114).

Cholesterol pill warning: Scientists raise fears of cancer link to statin used by thousands

A drug used to treat high cholesterol could cause cancer, doctors warned last night. Results from a controversial study published yesterday in the New England Journal of Medicine show a higher than expected number of cancer cases reported among patients taking Inegy. It showed a total of 105 cancer cases among Inegy patients compared with 70 taking a placebo. That was an increase on the preliminary rates of 93 and 65 respectively reported in July. The trial found no benefit of the drug in reducing aortic disease in patients with a partially blocked heart valve, and little effect on cardiovascular events such as heart attacks.

MailOnline; 03rd September 2008

Ghostly medicine

All of us at WDDTY are shaken to the core by the recent disclosures that most studies in the medical literature are marketing dressed up as research. For as many as 90,000 published drug trials, a drug company hired a PR firm—a 'medical education and communication company' (MECC)—to carry out its clinical trials, engaged a 'ghost' to write an article with a positive spin, enlisted a prominent academic to put his name to the paper he's had nothing to do with—and then succeeded in getting it published in a peer-reviewed journal.

This widespread practice came to light a few months ago during the discovery process of a class-action lawsuit against drug manufacturer Wyeth by 14,000 women who developed breast cancer after taking HRT.

The 1500 documents afford an unprecedented glimpse into the underworld of pharmaceutical marketing. The paper trail reveals how an MECC called DesignWrite, hired by Wyeth, launched a major damage-limitation exercise after a major study demonstrated an unequivocal link between HRT and life-threatening illness.

Wyeth's HRT products had reached annual revenues of \$2 billion, but nose-dived by 65 per cent in 2002, when the Women's Health Initiative (WHI) study found that hormone replacement therapy—specifically Wyeth's version—increased the risk of breast cancer, ovarian cancer, stroke and heart disease.

DesignWrite proceeded to flood the professional press with positive reports of Premarin, cast doubt on the WHI, downplayed the cancer-causing potential of HRT and claimed cardiovascular benefits, while promoting unproven uses of HRT such as for preventing dementia.

A few months later, the German Institute for Quality and Efficiency in Health Care, which produces evidence-based consumer-health information, encountered “serious obstacles” in trying to wrest all sponsored published and unpublished studies from Pfizer on its antidepressant reboxetine. Eventually, it emerged that the company had withheld three-quarters of its patient data from unpublished trials. After these hidden data were finally handed over, the Institute concluded that the drug was “overall an ineffective and potentially harmful antidepressant”.

There's no way to determine the full extent of such dirty research, although one review concluded that as much as three-quarters of every journal is ghosted. As Dr Joseph S. Ross of New York's Mount Sinai School of Medicine put it: “It's almost like steroids and baseball. You don't know who was using and who wasn't; you don't know which articles are tainted and which aren't.”

These disclosures undermine the entire edifice of modern medicine. The BMJ now plans to encourage efforts to “re-evaluate the integrity of the existing base of research evidence”—in other words, virtually the whole of existing medical research needs to be done all over again.

The most insidious aspect of this story is the topic of this month's special report—that the extraordinary disease-fighting power of a simple nutrient like vitamin C has been virtually ignored by the modern medical press. The published medical

evidence was promising 70 years ago—long before MECCs were around to tinker with the data.

Lynne McTaggart - What Doctors Don't Tell You; November 2010

For the general public and medical doctors to fully grasp the effect of **Modern Medicine's Deceit**, they have to judge the situation by what a drug is actually accomplishing, rather than what the drug company ads and pharmaceutically compliant politicians insist. The health benefits of prescription drugs are illusory.

Shane Ellison M. Sc.; August 20, 2005; www.NewsWithViews.com

“It is an open secret in the drug industry that most of its products are ineffective in most patients.”

Glaxo Chief: Our drugs do not work on most patients. The Independent, 2003

"Those with a cancer diagnosis continue to be encouraged to do the very things that will sicken, maim and eventually kill them. All the while, naturally-derived compounds and extremely effective treatments exist."

'Develop a natural cancer treatment ... go to jail'; Mary Starrett, newswithviews.com, August 7, 2003

I sent lots of letters to all political parties, the EU Minsters, the House of Lords and the Clergy (Nicole Sinclaire MEP, Bruce George MP, Lord Aberdare, Nick Clegg MP, Gordon brown MP, Valerie Vaz MP) but did not get a single answer back – not a sausage. Now read on...

Dear Lord Howe,

My name is Shokat Ali and I live in Great Barr near Birmingham. For a number of years I have been totally disillusioned with the corruption in the health industry. The health industry is the second largest industry after oil, an industry that is just as corrupt and just as ruthless as the oil industry. The problem is that this corruption has also infiltrated into every level in the NHS and something must change. Just putting more and more money into a system that has totally lost its way is not the best use of scarce public funds. The Labour government thought paying GPs massive pay increases (55%) over the last five years would lead to better patient care but all its done is to finance even larger cars and glamorous holidays for the doctors.

If we are going to make any headway then governments must get involved with the approval process. There are some extremely safe and inexpensive anti-cancer drugs (such as dichloroacetate (DCA) and intravenous Vitamin-C injections) that are just so incredibly effective but guess what, you can't have them, not because they don't work but because there is no money in it for the Big Pharma. You see it costs a million dollars to get things through the FDA approval process but because the FDA is an incredibly corrupt organisation, (most people working there have a vested interest in the drug companies), safe and effective remedies would be blocked unless the public purse was behind it. Our beloved prime minister has ploughed trillions of pounds of our money in trying to save the corrupt banks, putting this country on the road to bankruptcy, but he has done nothing to push safe and effective methods through the approval process. If the Labour Government really believed in the NHS then that would have been their top priority.

I feel the time is right now for a forward thinking government to overhaul the health industry starting with the NHS. I think the public is sick and tired of the lies of the Big Pharma and not only will you win the support of the public but you will also win the support of a lot of very grateful therapists who are being trodden on rotten. A massive momentum can simply be generated if you announce that you will be putting money towards the approval of alternative, cheap and effective cancer remedies that will save the NHS billions of pounds and save countless lives. That you will listen to the report done at Hull University and acknowledged by the government last year, and do away with all anti-depressant drugs, statins and anti-hypertensives. You will also guide the GPs not to prescribe Antibiotics like smarties leading to a massive outbreak in diabetes. By simple measures like these you will save the NHS about half of its budget on drugs and also you will save countless lives and open the way up for other safe and effective methods to be given a chance to shine.

Here is a case in point:

During mid Feb 2010 there was a lot of publicity in the newspapers and on TV about people in the medical profession who wanted to do away with the small budget allocated to safe homeopathic remedies in the NHS. They were in favour of the evidence based and totally useless and immoral drug based treatments. Why don't they take their blinkers off and see what the drugs are actually achieving in real life rather than buying into the hype perpetrated by the Big Pharma. Now read

on ...

The U.S. Senate Committee exposes Big Pharma medical fraud

The U.S. Senate Committee on Finance investigated the diabetes drug Avandia and its manufacturer GlaxoSmithKline. A report was published in January 2010. It comprises of 342 pages, hence it took me some time to study it all. The report can be purchased from the Superintendent of Documents, U.S. Government Printing Office (full details via link below).

The findings of this report, based on a thorough investigation spanning two years, are important for public health to say the least. I therefore take the liberty to summarise the 18 most significant points below:

US Senate Committee Report January 2010.

What we can learn from this report?

1. "Scientific research results" are NOT "Scientific research results". The script is written by Big Pharma and scientists serve as willing tools to produce the desired result.
2. The investigated diabetes drug Avandia may be the worst of the drugs but all cause heart attacks instead of preventing them as the public is made to believe. Avandia increases death from heart attacks by 43%. This means that 43 out of 143 diabetes patients that die from heart attack do so because they are on Avandia. Relate this figure to the millions who take Avandia and you get a graveyard of a respectable size.
3. Behaviour and actions of GlaxoSmithKline, their executives and scientists to be exact, are the norm in Big Pharma and constitute an Industry Standard. This includes but is not limited to intimidation of unwilling scientists, deception of regulating bodies, falsification and suppression of evidence. Getting caught is a calculated risk. This is reflected in the fact that "The Industry" paid fines and penalties of some \$7billion since 2004 in the U.S. alone.

This report reads like a James Bond 007 script.

http://infoholix.net/article_US-Senate-Committee-report-January2010.php

This is not an isolated case, this is just the tip of the iceberg.

Finally, here are some free publications on our website:

<http://www.lifeprinciples.com/downloads/AddictionsDemystified.pdf>

<http://www.lifeprinciples.com/depression-anxiety-treatment-help-forum-test-uk.html>

The first 48 page document talks about addictions - towards the end I also have links to natural cancer treatments. The second link is to the way depression is dealt with by the medical profession – sometimes you wonder if they have any clue at all. There is something desperately wrong with a system when we can get people off anti-depressants in one or two sessions but it takes the NHS some 20 years to keep those same people on anti-depressants. Look at the case of Peter in the second link.

I feel the time has come for people like you to take a stand. It may not be politically correct to go against the ignorant medical profession but humanity comes first doesn't it? If together we can save just one more life then our life's work would have been vindicated but if we save countless lives being lost through ignorance and greed then we can go to our graves when our time is up in total peace.

I have spent the last 10 years trying to get justice for the common man, will you help me get justice for everyone and also create a fairer playing field?

I would like to meet you face to face and let me show you how we can turn this disaster into a landslide victory for the common man.

Please call me and let's talk.

Yours sincerely,

Shokat Ali

Can humanity be saved from greed and ignorance?

Now you would have thought that with all of the shameful information the FDA would have banned Avandia outright, but you would be wrong. Up to 07/09/2010 Avandia is still being prescribed by doctors in the USA, UK, EU and the rest of the world. Imagine someone in the third world, becoming destitute in order to fund this expensive drug, without realising that it is actually giving him no redeeming benefit, but slowly killing him?

Once the drug has been approved it is extremely difficult to get rid of it. There must be a fast track method of taking drugs off the shelves once they have been 'rubbished' by new independent research such the one at Hull University on the ineffectiveness of anti-depressants.

There is no justification for putting people on Statins, Anti-hypertensives, Anti-depressants and drugs like Avandia. But then there is no justification for surgery, chemotherapy or radiation to treat cancer when there are so many extremely safe and effective alternatives out there. We could enjoy so many benefits from inexpensive and safe remedies, such as intravenous vitamin-C therapy for cancer, and hypnosis for addictions and depression if only the ridiculous approval process did not get in the way.

Here is a link to the BBC programme on Avandia that was shown on 06/09/2010 (the shameful exploits of the Big Pharma never stop):

http://news.bbc.co.uk/panorama/hi/front_page/newsid_8964000/8964761.stm

Look at this shocking video and then decide for yourself.

State funded monopolies are bad for everyone.

The problem with any state funded monopoly is the more money you pour into it, the more useless it gets. Then as time goes by, you are held to ransom and have to stand in long queues in order to access costly and ineffective services. If you get fed up with their pathetic offering, and decide to go private, then they will simply abandon you – you will get no more help for trying to help yourself. People in the NHS and the government support putting people on drugs like NRT, Zyban and

Champix for 12 weeks, which only deal with the physical side of the addiction, totally ignoring the fact that over 95% of the addiction is mental. They also support putting people on anti-depressants for years (which can reduce your life expectancy by up to 40% according to new research). If these drugs don't kill you, then you could become depressed, or fat, or both. Eventually, you may end up 2-5 stone heavier and a nervous wreck and go back to smoking cigarettes, but by that time the GP, the stop smoking counsellor, the pharmacist and the drug companies would have milked millions of pounds from the scarce public funds for a totally useless and ineffective service.

They spend £300 per smoker to help them quit smoking, so with a success rate of only 10%, they spend £3,000 for every person who successfully quits smoking for a few months (their long term figures are unscientific and totally useless). Yet they will not pay the private sector £300, who will not only get people to quit smoking as easy as pie, with no side effects (weight gain or depression), but will also look after them for a year at no extra cost. It costs just about the same amount of money to get rid of depression, but they would rather spend £100,000 keeping a person on anti-depressants for years or for life. It gets even worse when you look at the way they treat things like cancer.

Yet you can obtain inexpensive and extremely effective treatments from health clinics outside the NHS. In 1-2h (not 6-12 weeks), you can overcome virtually any addiction under the sun from cigarettes to crack. It also takes us 5-days to get someone off heroin, whereas it takes the government years – they also have no figures of how long people stay in remission either. We also get rid of depression just as quickly and just as effectively (1-2h) – you do not need to take 'stupid' anti-depressants for life. However, that would make just far too much sense. The government and the NHS do not work on common sense; ignorance is the order of the day.

The other problem with state monopolies like the NHS is that there is no incentive to change. So they continue with bizarre things that beggar belief. When every university study has indicated that anti-depressants have not demonstrated a single cure, can double the suicide rate, and are extremely addictive, they ignore the advice and continue to prescribe them. When study after study has demonstrated that statins are extremely dangerous, provide no benefit, they still continue to hand them out like smarties. They also ignore their own publications that show that most anti-hypertensive drugs actually increase blood pressure rather than reducing it – all anti-hypertensives increase blood pressure in the long run according to the WHO. They ignore study after study showing safe and effective drug-free cancer

treatments with success rates of over 75-95% and continue with surgery; chemotherapy and radiation, with a success of just 4% (just think about how many people they must have needlessly slaughtered over the last 80 years or so). Rather than be open minded and learn about these new breakthroughs, they continue to poison, mutilate and kill people all the time. If that was bad not enough, they have also surrounded themselves with a huge bureaucracy and influenced the law to such an extent that if you speak out, you go to jail. Bevin said, 'I have won the consultants over; I have stuffed their faces with gold'. If only he know that to this day, we are still having to stuff their greedy faces with gold. We have given birth to a huge monster (NHS) that devours national resources like no tomorrow.

In five years while the Labour Government was in office, they asked all of us to tighten our belts and accept pay increases which were less than the rate of inflation, while at the same time; they increased the GPs pay by over 58%. They thought that by keeping the doctors happy will mean better patient services – what a mistake, it's only lead to better holidays and bigger cars for the doctors. A locum doctor earns about £105 per hour, but the agency sending him earns about £150 per hour. So if a locum doctor works just 20h a week then that would have cost the NHS some £3,000, or over £150,000 per year. All this money for just sitting in a chair, prescribing dangerous and ineffective drugs all day long, something a good trained ape can undertake with very little training.

A doctor in Bradford worked for over 40 years in the NHS, and became so respected in the Asian community that he was almost revered like a deity. Then he fell out with his wife, who told the authorities that he had no medical training and held a fake degree from Pakistan. He was struck off and sent to jail. No, you do not need the intellect of a genius to do the work of a GP these days. I think Jeffery Archer could have pulled this off with his eyes closed. Prescribing useless drugs is a no-brainer - anyone can learn to do that over time.

The WDDTY said that GPs are now paid more than ever before, for doing very little. Let's hope and pray that they get paid even more, so they can stop working all together, that way, we can all enjoy a better quality of health. Are you now beginning to understand why state monopolies are bad for us?

If our governments were not stupid, they would have given private enterprise a chance to flourish, but instead, they have replaced the wealth creating private enterprise with service industry (such as the NHS) and in the process have put [Britain in to a £4.8 Trillion debt](#). If everyone in the UK had to sell their houses, we could still not raise enough money to pay for the mess the politicians have dropped

us in. They have also created an unfair playing field between the public and the private sector. The public sector pensions are secured and index linked (our children will have to pay for these), but those of us in the private sector are encouraged to take out private pensions. The government then allow the banks to [steal up to 80% of our pensions](#) over their lifetime.

This criminal and wilful discrimination and destruction of private enterprise, including our manufacturing base, will bankrupt this country one day. Every year, the national debit goes up, even after the so called cuts imposed by the current government. With the birth rate dropping, there are not going to be enough young working people in the next generation to pay for the public pensions, let alone pay off the national debit. This mindless destruction of the private enterprise (the real wealth creators), and replacing it with more and more public sector jobs, will bankrupt this country one day. The only way out of this quagmire is to let private enterprise breathe and flourish rather than to suffocate us to death.

A Robin Hood mentality simply does not work - for every job you create in the public sector (by robbing the private sector), destroys a job in the (already hard pressed) private sector - eventually, you kill the goose that lays the golden egg. When the private sector dies, the public sector dies by default, and the economy dies with it. The Labour Government thought you could print money and spend our way out of the recession, which is just about as daft as the politics of this country can get.

Even in a communist state like China the state spending only accounts for about 30% and the private sector supporting the state accounts for 70%. Yet in Britain, the state accounts for 60-75% and the private sector that supports it, accounts for 40-25% (this is different in various parts of the UK). Now who did you call a commie?

Edward Deming, a statistician from the USA, totally altered the fortunes of Japan after the First World War. He introduced the kaizen principle – continuous and incremental improvements towards perfection. Yet in the USA they ignored these ideas until it was too late. Their lack of foresight had cost them billions in lost revenue.

During the first Opium War (1839-43), the British government colonized Hong Kong in 1841. Over time it established a free-enterprise economy in the colony and turned it into a trading centre in Asia. This hand off approach has proved so successful that when Hong Kong was handed over to China, they saw a good thing

and copied the model throughout China. This idea was the brainchild of a Scotsman, so it's even more of a pity they did not apply it at home to save our own economy.

Why do we export wonderful ideas abroad, but fail to implement them at home? If they had implemented the kaizen principle, then every sector of economy would have benefited including the NHS. A lot of the things the NHS can get away with at the moment would have been relegated to the graveyard of worthless and useless ideas of the past. About 80% of their drugs, method and procedures would be discredited overnight and replaced by extremely safe, inexpensive and drug free alternatives instead. This would have saved the NHS billions of pounds, but moreover would have also saved countless lives. Instead, we have created a horrible monster that devours national resources with reckless abandon. The problem is that we have all been given the illusion of a wonderful state funded health system, so when everyone else feels the pinch, the NHS is spared the financial pain.

If we had also implemented the 'hands off' approach followed by Hong Kong then we too would be a dynamic, thriving economy, the pride and joy of the world like it used by 80 years ago. For now, we have to put up with runaway state spending that will finally end up bankrupting Britain once and for all.

Now do you understand why state monopolies are bad for us?

How can we stop the drug companies taking us for a ride?

There will come a time when we will all be working not for money but to better ourselves. When that time comes no one will be sick, depressed, or die from preventable degenerative diseases, such as cancer. We will simply live till about 200 years as we find methods to increase our longevity, and eventually our bodies will simply break down completely, and we will die peacefully in our sleep. However, this may take another thousand years; as we can't cheat humanity one minute longer than we have to, we must act now.

What can we do to curb the excesses of the health industry? If we enforce simple rules through legislation then a lot of the problems could be solved overnight. Here are some suggestions:

1. Governments all around the world, especially in the USA must stop the Pharmaceutical companies advertising their drugs or sponsoring sport etc.
2. There must be transparency and visibility at every level and public should have access to this. In the UK a lot of GPs, psychiatrics and consultants get kickbacks from the pharmaceutical industry – these should be made visible to the public.
3. We should bypass the FDA and NICE in the public's interest. Safe methods, remedies and procedures such as intravenous vitamin-C as an effective cancer cure or hypnotherapy for addictions and depression must be allowed a look-in.
4. Almost every pharmaceutical drug could be done away with preventative measures and through education.

Modern, fast living has become the cause of our ill health. We have improved sanitation and hygiene. We have also come up with wonderful methods and eradicated things like polio and smallpox. If we had a car crash or accident then modern high-tech medicine can bring us back from the brink of death. However, when it comes to long term health, our fast living and pharmaceutical drugs have become our worst nightmare. So what is the answer?

Education has to be the key.

We eat all sorts of junk food, processed food, refined food, refined sugars, fried food, convenience food and microwave meals. If that was not enough, we eat dairy products as if there was no tomorrow, and we shy away from eating raw food. We hardly drink any water, and most of us hardly do any exercise. Most people have lost the social structure, so we depend on pills, in the form of anti-depressants to help us cope. If all of that was not bad enough, we have developed bad habits such as overeating, drinking, smoking or taking recreational or hard drugs.

We destroy our immune system, cause massive degenerative diseases and expect the NHS to look after us when we get ill.

The only way forward is to start the education process at kindergarten stage and reinforce the message all the way up to university level.

Healthy eating habits – the first key to success.

We must be told from an early age that raw food is the key to long term success. Besides that, everyone should also be encouraged to take colloidal minerals (about one to two ounces every day) and take plant enzymes as food supplements. We

should also be encouraged to make our own fruit and vegetable juice and drink about a litre of this juice per day. Hydration is so important and most people in the western world are dehydrated all the time; we must drink at least 2-3 litres of water per day. This alone will eliminate the need for about 50% of the drugs and almost eradicate diabetes overnight.

Exercise - the second key to success

Our bodies were designed to move. If we do not move or stretch our muscles, then we end up with all sorts of muscular skeletal problems. The nerves get trapped, joints lock up and our muscles go into permanent spasm. We suffer unnecessary aches, pains and headaches creating an incredible market for analgesics.

Meditation - the third key to success

Our wonderful education system just trains the logical part of the brain and totally ignores the creative side. We have about eight intelligences but we only cultivate one or two of them. We become more and more warped individuals as we grow older.

Also, no one tells us how to resolve (let go of) unresolved negative emotions from our minds. As we become more and more left-brained, and as negative emotions start to pile-up, we lose the ability to relax. We hurry, worry all the time and eventually we have a nervous breakdown and our ignorant doctor then puts us on anti-depressants. So instead of curing the problem, you end up parking the problem. If we were taught how to relax and let go of negative emotions (this is not rocket science) we would never need to take anti-depressants ever again.

If we do not slow-down, we acquire a hyper-brained state and end up with all sorts of problems, such as insomnia, bad social interaction or even start to grind our teeth. We may also end up with IBS or Fibromyalgia.

If we continue to burn ourselves out mentally for a long period of time, then we switch over to hypno-brained state, where our mind starts to slow down. We hardly have enough energy to get up in the morning, or make it through the day. We end up with ME and just stay in bed most of the time.

Learning to meditate and getting rid of negative emotions allows us to eventually acquire the normal-brain state. This is when we become driven and flexible in our approach. We become upbeat, resourceful and our social interaction improves

immeasurably. We also have no problems sleeping or relaxing. In this state you can never get depressed and you never need to take anti-depressants; the word depression is no longer part of your vocabulary.

Cultivating new habits - the forth key to success

Learning how to control our minds through hypnosis has to be the biggest asset to humanity. It allows us to get rid of bad habits such as smoking, gambling, drinking or taking drugs. It also allows us to cultivate new habits such as managing our time, becoming more productive in every area of our lives and catapulting us into space. Maybe, this should be taught as part of the national curriculum. We learn every daft thing you can imagine, but we are never taught how to manage our minds. This should be undertaken through ethical group hypnosis with self-help groups. Put this into place and you can throw away all of your NRT, Zyban, Champix and all the other rubbish such as chemical detox for Alcohol or rehab for gambling or other drugs. Anyone who does not want smoke, drink, gamble or take drugs can come off them as easy as pie without damaging their bodies with expensive and dangerous drugs.

Let governments get involved in saving humanity

All of the changes to our education system will take time, so what can we do now in order to save humanity?

Putting forward safe and inexpensive methods, procedures and products through the approval process has to be the way forward for now.

You have to ask yourself this question? If intravenous vitamin-C was invented 35 years ago as a safe and effective cancer cure by Lancit Pauling, why has humanity totally failed to take advantage of it? Why have we been unlawfully killing people all those years with surgery, chemotherapy and radiation? Has humanity and governments all around with world totally abdicated their responsibility to mankind? Has greed and ignorance totally messed up our thinking?

If you can get someone who has been on anti-depressants for over ten years, off them, with a couple of sessions of hypnosis, then why has the NHS not looked into this over the last 70 years? Why is the NHS putting people on expensive and risky drugs such as NRT, Zyban or Champix over 12-weeks with a pathetic success rate of 2-10% (real world success rate) and continue to ignore hypnotherapy which can get people to quit cigarettes or drugs in one or two sessions? You could say that they are ignorant, but doesn't stupidly have any limits? I thought our beloved

NHS was run by intelligent people, but sometimes, I have my doubts; maybe it has, over the years, been infiltrated by ignorant mindless morons!

This is an ongoing document and will be updated on a regular basis.

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