

When did this problem start?

9 years ago

Write down your problem in as much detail as possible and how it affects you?

I Binge drink 3/4 times a week and will often drink until I black out. I am devastated by my behaviour + by the effect it has on my family + close friends but I cannot seem to break the habit + feel it is life threatening.

What methods (if any) have you used to try to overcome your problem?

Withdrawal

What is your profession?

Travel agent