



# Life Principles *Redesign your future!*

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Monday, 30 August 2010

Her Majesty The Queen,  
Buckingham Palace, London, SW1A 1AA.

Madam, Her Majesty The Queen,

## **Re. The corruption in our health industry**

In the last few years I have written to members of parliament in every party, members of the EU, the House of Lords, but this subject is so beyond them that they have been unable to help. You are my last hope as I believe you have an open mind and maybe you can look at things from a different perspective.

Our beloved NHS was supposed to be the model that other nations were to follow but unfortunately this has not been the case. The whole of the health industry has become corrupt beyond measure and people in the NHS have started to follow the Big Pharmaceutical Companies (Big Pharma) like mindless lemmings. They have also come up with ingenious ways of twisting the statistics to appease successive government ministers and devised pathetic criteria of success in order to reward themselves generously for utterly useless results (please see hyperlinks below on corruption and the useless state funded monopolies like the NHS).

<http://www.lifeprinciples.com/Corruption.pdf>  
<http://www.lifeprinciples.com/Monopolies.pdf>

With the help of successive governments they have created an unfair playing field in order to exclude people outside the NHS who are also in the business of helping people. People like us (Alternative and Complementary therapists including hypnotherapists) have to pick up the mess left behind by the NHS but we get no recognition for it. GPs and Psychiatrists have ruined the lives of many people with psychotropic drugs (anti-depressants). Those people finally come to us and we get them off the anti-depressants for good in two to five sessions. Compare the cost of keeping someone on anti-depressants for say 10-40 years, to the cost of about £200-£500 of helping someone come off them in 4-10 hours?

Also, the NHS is allowed to count someone who has quit smoking for two weeks out of four as a success for which the GP and the Stop Smoking Counsellor gets £45 and the Pharmacist gets £90 but will not accept a documented 95% success rate over 12 months from organisations like ours. We see people at regular intervals throughout the year and then sign them off at the end of 12 months. We achieve equally good results for obesity, cannabis, alcohol, cocaine, crack, ketamine, other drugs including anti-depressants and pharmaceutical drugs together with heroin that is smoked. We also deal with every other addiction in the same effective way, such as sex, internet, gambling, stealing, lying, dishonesty and every other bad habit conceivable – imagine being able to rehabilitate people rather than filling up our jails – how much will that save the taxpayer? A lot of this is covered in our free online publication shown below:

<http://www.lifeprinciples.com/downloads/AddictionsDemystified.pdf>

(On page 37 you will find one Smoking Cessation Counsellor who pocketed £90,000 from bogus smokers)

<http://www.lifeprinciples.com/downloads/LPBrochure.pdf>

(The 16 page brochure is easier to read and explains the problem much more simply)

Anti-depressants and a lot of the other drugs do not have any science behind them. The Big Pharma writes the script and everyone has to follow it all the way to the approval stage; if people don't follow the script then they are kicked out of their job or intimidated, blackmailed or bribed until they give in. They also write articles to give their products credibility then get an eminent authority to sign it as his/her own work.

The NHS has no problems spending the Tax Payers money like water putting people on unnecessary drugs for years (the average person we get for anti-depressants has been on these drugs for 10 years) but has huge problems funding safe and effective methods like ours, which could cut its drug bill by half overnight.

The NHS also ignores research and their own publications which prove that what they are doing is not only wrong, but is unlawfully killing people. A few years ago Hull University looked at all the evidence behind anti-depressants and they were shocked so they decided to test all of them against a placebo pill. They concluded that although anti-depressants made you feel better by elevating your mood, but no better than a sugar pill. Their use has not demonstrated a single cure. As anti-depressants double the suicide rates they advised that they should not be given to any new patients and existing people taking them should be helped to come off them. In the same year the government acknowledged that anti-depressants don't work and passed this knowledge onto all the GPs. This information has fallen on deaf ears because even now anti-depressants are being given to people like smarties. The people in the NHS pride themselves of scientific evidence then go on to ignore self-evident-truth. The corporate killers in the form of Statins for reducing cholesterol is another sad story that is costing the NHS some 33% in health bills but has no science behind it. I have not even touched other areas such as the way they treat cancer which is nothing short of legalised manslaughter.

Ridiculing the alternative and complimentary health professionals has become the favourite pastime with some individuals in the health industry. They suffer from a scarcity mentality - there is not enough to go around. They also follow each other like sheep when it comes to outdated and discredited methods, procedures and drugs. They even want to do away with the small budget the NHS has for homeopathy. If that was not bad enough the EU has decided to ban all herbal supplements within the next two years. Homeopathic remedies or herbal supplements have killed no-one over the last 10 years; pharmaceutical drugs on the other hand have killed 5 million people in the USA alone and probably even more in the rest of the world over the same period of time.

If all of this was not bad enough the government then puts VAT on top of things like hypnotherapy. This adds insult to injury for someone who has failed over and over again on the NHS then has to pay money out of their own pocket to quit smoking/drinking/drugs/gambling with our help. This also increases our advertising costs in an unfair market place already created by the government and the NHS.

The other problem is that we end up breaking the law every time we try and do our job for which we could easily get into trouble. Every time we allow someone to bring in half smoked spiff for use with bioresonance system then we have broken the law. Even if we touch a female client on the shoulder to break her anxious state then we have broken the law. We get absolutely no help from the government but we are left wide open to full extent of the law for doing our job.

Many of our clients have come forward in our support – these people were totally let down by the NHS but we managed to turn their life around with our work. Some people in this group would probably be dead by now if they continued with the orthodox treatment under the NHS (see hyperlink below on client support). One client stated “If it wasn’t for you, my husband and I would be dead by now”.

<http://www.lifeprinciples.com/Support.pdf>

<http://www.lifeprinciples.com/Attachment.pdf>

I hope you are open minded enough to read the attached documents in order to get a better idea of the state of our beloved NHS. With the right guidance from the top, we could enjoy the benefits of a low cost, highly effective NHS once again. The gratitude of millions of people rests with you.

I have the honour to be, Madam, Your Majesty's humble and obedient servant.

Shokat Ali BA (Hons), Post Graduate Diploma (OU).

<http://www.lifeprinciples.com>